

FACILITATOR:

AMY McCOMB



Amy is a Herbalist who has worked in the ancient wholistic wisdom tradition for nearly three decades. She is the founder of Plant Rhythms, a NZ Native tree and Wild plant medicine company.

She has an Honours Science Degree from UNB (Canada) with a concentration both in indigenous healing and botany, and (some time ago!) completed an intensive herbal apprenticeship in Woodstock, New York State.

She has taught Herbal medicine at Wellpark College of Natural Therapies, NZ, in Nova Scotia, Canada and continues to facilitate Herbal courses throughout NZ. Environmental education and indigenous awareness are core aspects of her approach and being.

The Tree and Plant people continue to be her mentors and inspiration.

There may also be guest facilitators.

Plants remind us of our being state, our natural state of perfection.



‘... we are spiritual beings
having a human experience’

Teilhard Chardin

Shamanic NZ Native Tree and Wild Plant

Herbal
Apprenticeship
2025



Participant Information

COURSE AIM

This course empowers people to work with their own intuition and enable them to easily determine properties of the plants. Provides people with an understanding of the use of NZ Native Plants and their medicinal use in treatment of various ailments and conditions. For wellbeing practitioners and those who are deeply interested in the NZ Native bush and Wild plants.

COURSE INCLUDES

NZ Native Plant and Tree Medicinal Properties and Materia Medica, Medicine Making, Herbal/Wild Plant Nutrition and Cooking, Plant Essences, Nature Awareness and Earth Connection.

Practical applications of Wild plants and NZ Native trees will be included such as: infusions, creams, tinctures, ointments, pessaries, foods, shampoos and eye drops.

Shamanic connection techniques and sacred circle work.

This course is an interesting mix of herbal materia medica, harvesting, plant identification, wild plant nutrition, spiritual properties of wild plants and trees, herbal rituals and ceremony, kinesiology, and development of your own gifts of healing, NZ native plant essences and intuitive development.

Green Witch Initiation.

Certificate upon course completion.

ON SUCCESSFUL COMPLETION PARTICIPANTS WILL



Be able to nourish themselves with wild plants and native trees.



Be able to trust their own intuition when connecting with wild plants and NZ native trees, mosses and ferns.



Improve health through fostering a deeper connection with oneself and the earth.



Have increased knowledge, awareness and use of intuition so that surrounding wild plants and NZ native trees have meaning and uses.



Be able to easily access the medicinal uses of local wild plants and NZ native trees.



Be able to connect and work with the plant spirit of wild plants and NZ native trees.



Develop confidence and ease in using Plant Rhythms remedies in their practice (for Practitioners) - through increased knowledge of the herbs spiritual properties.



Develop self-trust, have the skills to help children (& communities) connect and use plants easily in New Zealand and worldwide.

This is an Intensive live-in Herbal program which will provide you with tools to make your own plant medicines of all kinds, and much more.

Anyone is eligible to apply.



COST

\$3,300

LOCATION:

West Coast of Auckland

FOR MORE INFORMATION

Go to: www.plantrhythms.com

Or contact:

Amy McComb - Plant Rhythms

Phone: 021 897 874

